



### **Patient Consent to Treatment**

As a naturopathic physician, I believe in treating people, not disease. Therefore, each patient receives a treatment plan specifically developed for him or her. Forms of treatment may include clinical nutrition consultation and supplementation, herbal therapy, homeopathy, counseling on stress management or lifestyle change, or physical procedures such as acupressure, hydrotherapy or manual soft tissue work.

While these practices and procedures are safe and effective, not everyone responds the same way to different treatments, and occasionally side effects or complications may arise. These complications may include, but are not limited to, soreness, bruising, inflammation, burns, and temporary worsening of symptoms. More serious complications are extremely rare. Additional information on side effects and complications of specific treatments is available upon request.

The way in which I treat you will often differ from the approach of a conventionally-trained MD. It is my policy to always inform you of the procedure being performed and advise you about any risks and alternative treatments available to you. If my explanation is not to your satisfaction, please ask for more information.

I have read and understand the above statements regarding treatments and side effects, and consent to treatment by Leah Olsen, ND.

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Patient Signature (or Guardian if patient is a minor)

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Date